### Bullying Prevention/Intervention: Strategies and Resources

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## Agenda

- Drawing on our own experiences
- Strategies for prevention/intervention with resources and practice
- Feedback, question/response



## Teachers Were People, Too

- Moving past symptoms to contributing factors
- On the spectrum of bullying





#### Coming to a Common Definition of Bullying

 If there is no victim, there is no bully



• Messages from you!

Mindset Carol Dweck





- Skillful Teacher
  - Wait time p. 310
  - Attribution
    retraining p. 304 320





- Discussion Moves
  - Restating
  - Revoicing
  - Adding on
  - Agree/disagree
    with explanation
  - Think time





- Messages from you!
  - Discipline
    - No shaming
    - Matching (*Skillful Teacher*)
    - Positive Classroom
      Discipline
    - Love and Logic





- Communicating with Assertiveness
  - Everyday communication





- Expected
  Behaviors—
  Lifeskills
  - Lifeskills skits
  - Lifeskills for the refrigerator





- Cooperative
  Learning
- Learning to Play, Playing to Learn
  - Stay with injured
  - Settle disagreements outside game





- Problem Solving
  - Class meeting (*Tribes*)
  - Peer mediator
  - Class Five model





- Appreciations
  - Enforces lifeskills
  - Catches them doing right thing

limate	
Feel good	Positive behavior
Positive att	ention



- Proactive Relationship-Building (parents, kids, principal)
  - Newsletter
  - Website
  - Positive phone calls home





Strategies—Prevention Curricular Applications Juvenile Literature

- Hoot Carl Hiaason (intermediate/middle)
- Joshua T. Bates: In Trouble Again
  Susan Shreve (intermediate)
- Marvin Redpost: Why Pick on Me Louis Sachar (primary)
- Wringer Jerry Spinelli (middle)



# Strategies—Prevention Curricular Applications

Internet:

One stop shopping for lessons, movie list, books, educational videos, cyberbulling





#### Internet Resources









#### Strategies—Prevention Movies

- Karate Kid
- Mighty Ducks 2
- Max Kleeble's Big Move
- Your ideas here



# Strategies—Intervention

- Messages from you!
  - Teacher
    - Positive Classroom
      Discipline
    - Love and Logic
  - Counselor
  - Peers-BYSTANDERS!



