

SCHOOL:.....

FORM FOUR 2014 EVALUATION EXAMINATIONS

441/3

HOMESCIENCE

FOOD & NUTRITION

JULY/AUGUST 2018

TIME: 1 ¾ HRS

POSSIBLE MENU

MASHED POTATOES

STEWED LIVER/MINCED BEEF STEW

STEAMED SPINACH

FRUIT PUNCH/SHAKE

MARKING SCHEME

CANDIDATE'S NAME _____ INDEX NO _____

NAME OF EXAMINER _____ DATE _____

PLAN AREAS OF ASSESSMENT	MAXIMUM SCORE	ACTUAL SCORE	REMARKS
1. PLAN a) Recipes - Availability (5× 1/2) - Correct quantity(5× 1/2) - Appropriate choice b) Order of Work - Availability - Proper sequencing - Dovetailing c) List of food stuffs material and equipment - Availability - Adequacy - Appropriateness d) List of equipment - Availability - Adequacy - Appropriateness	 2 ½ 2 ½ 1 ½ 1 ½ 1 1 1 1 1 1		
SUB-TOTAL	14		
2. PREPARATION AND COOKING a) Correct procedure for preparation - Item 1(Weaning Dish) - Item 2(Protein) - Item 3(Carbohydrates) - Item 4(Vegetables) - Item 5(Nutritious drink) b) Correct procedure of cooking - Item 1(Protein) - Item 2(Carbohydrate) - Item 3(Vegetables) - Methods of cooking(At least Two)	 1 1 1 1 1 1 1 1 2		

c) Quality of results(Taste, Colour, Consistency)			
- Weaning Dish	1		
- Protein	1		
- Carbohydrates	1		
- Vegetable	1		
- Nutritious Drink	1		
SUB TOTAL	15		
3. PRESENTATION			
a) Utensils			
- Appropriateness	1		
- Cleanliness/Not Smudged	2		
b) Table layout			
- Well laundered tablecloth	2		
- Presence of a centre piece	2		
- Correct positioning of cutlery and drinking glass	2		
- Salt shaker/Pepper shaker	1		
c) Hygiene			
- Food hygiene	1		
- Kitchen Hygiene	1		
- Personal hygiene	1		
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4. ECONOMY OF RESOURCES			
a) Use of Water			
- Taps closed when not in use	½		
- No spillage of water	½		
b) Food			
- No excess food peelings	½		
- Utilizes all food ordered	½		
c) Materials			
- Using materials for right purpose	½		
- No wastage of materials	½		
d) Fuels			
- Simmering when necessary	½		
- Switching off the source when not in use	½		
e) Clearing up			
- Clearing as you work	2		
- Clearing after work	2		
SUB TOTAL	8		
TOTAL	50		
FINAL MARK = ACTUAL	$\frac{50}{2} = 25$		

SCORE÷2			
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