NAME	INDEX NO.	
SCHOOL	SIGNATURE	
	DATE	

441/3 HOMESCIENCE (FOODS AND NUTRITION) PAPER 3 PRACTICAL

July, 2017

TIME: 1¾ HOURS

KITUI COUNTY MOCK

END OF TERM II FORM FOUR EXAMINATION, 2017

Kenya Certificate of Secondary Education (K.C.S.E)

441/ 3 HOMESCIENCE (FOODS AND NUTRITION) PAPER 3 PRACTICAL TIME: 1¾ HOURS

INSTRUCTIONS TO CANDIDATES PLANNING SESSION: 30 MINUTES PRACTICAL TEST SESSION: 1¼ HRS

- **1.** Read the test carefully
- 2. Write your name, school, index number, signature and date on every sheet of paper used.
- **3.** You are advised to spend 30 minutes to come up with a plan of work which will be used for the practical.
- 4. Textbooks and recipes may be used during the planning session as reference materials.
- 5. You will be expected to keep to your order of work during the practical session.
- 6. You are only <u>allowed</u> to take away your reference materials at the end of the planning session.
- 7. You are **not** allowed to bring **<u>additional notes</u>** to the practical session.
- **8.** This paper consists of **2** printed pages.
- 9. Candidates should check to ensure that all pages are printed as indicated and no questions are missing.

THE TEST

Your two cousins spent the night at your house. Using all the ingredients listed below prepare, cook and present two suitable items for breakfast for the three of you. Include a beverage.

INGREDIENTS

- Oil
- Salt
- Eggs
- Sugar
- Tea leaves
- Self-raising wheat flour / plain wheat flour
- Milk
- Sweet potatoes / Arrow roots

PLANNING SESSION: 30 MINUTES

For each task listed below, use separate sheets of paper and make duplicate copies using carbon paper.

Then proceed as follows:

- 1. Identify the dishes and write the recipes
- 2. Write your order of work.
- 3. Make list of the foodstuff and equipment you will require.