

### 3.12 HINDU RELIGIOUS EDUCATION (315)

#### 3.12.1 Hindu Religious Education Paper 1 (315/1)

- 1** (a) List **six** ways in which devotees can communicate with Paramatma. (6 marks)
- (b) Describe ways in which students practise Dharma. (8 marks)
- (c) Explain the role of Paramatma in Trimurti. (6 marks)
- 2** (a) Explain the contribution of Lord Mahavir in promoting non-violence. (10 marks)
- (b) Describe **five** teachings of *Sant Kabir*. (10 marks)
- 3** (a) Describe the role of *Dhammapada* in Buddhism. (10 marks)
- (b) State ways in which Lord Rama demonstrated that he was;
- (i) an ideal son. (5 marks)
- (ii) an ideal king (5 marks)
- 4** (a) Describe how the control of mind helps in the practice of *Indriya Nigraha*. (10 marks)
- (b) State **five** duties of a Vanprasthi. (5 marks)
- (c) Name the **five** daily *Yajnas* that a Grahasthi has to perform. (5 marks)
- 5** (a) Name the **three** entities to whom the Buddhists pay homage in Mahamantra. (3 marks)
- (b) How can the Sikh principle of forbidding intoxicants help the Kenyan youth? (10 marks)
- (c) State **seven** beings from whom the Jains seek for forgiveness during *Pratikraman*. (7 marks)
- 6** (a) Describe how the practice of *Dhyana* and *Dharana* from *Ashtang Yoga* leads to *Samadhi*. (6 marks)
- (b) Identify the qualities of a devotee practising *Dasyam Bhakti*. (4 marks)
- (c) Explain the teachings of *Jnana Yoga*. (10 marks)