
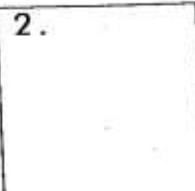
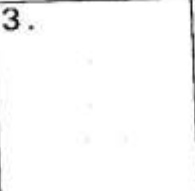
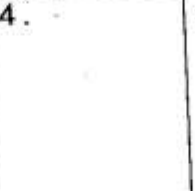
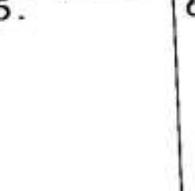
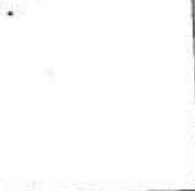


# GRADE 3 MID TERM 3 EXAM 2019

## HYGIEN AND NUTRITION

|        |  |         |
|--------|--|---------|
| NAME   |  |         |
| SCHOOL |  | GRADE 2 |

Draw and colour the following personal items

|   |   |   |  |   |   |
|---|---|---|--|---|---|
| 1.  | 2.  | 3.  | 4.   | 5.  | 6.  |
|  |  |  |  |  |  |
| Toothbrush  | Comb  | Vest  | Face towel   | Socks   | Handkerchief  |

Arrange the sentences to show steps on cleaning handkerchief

- Hang on the line to dry
- Rinse with clean water
- Dip in warm salty water
- Apply soap as you rub gently

7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

11. I should brush my teeth \_\_\_\_\_ everyday. (twice, once, never)

12. My toothbrush should be changed after every \_\_\_\_\_ months. (nine, seven, three)

13. Dirt from the nose is called \_\_\_\_\_. (wax, mucus, pus)

Answer Yes or No

14. It is good to shower everyday. \_\_\_\_\_


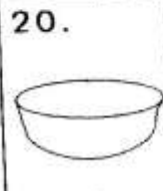
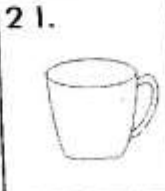




15. Dirty teeth can bring bad breath. \_\_\_\_\_

16. My comb should never be washed. \_\_\_\_\_

17. I should only visit my dentist for teeth removal. \_\_\_\_\_

18. Charcoal can be used to clean teeth. \_\_\_\_\_

Name and colour the following utensils.

|   |   |   |   |  |   |   |
|---|---|---|---|--|---|---|
| 19.   | 20.   | 21.   | 22.   | 23.  | 24.   | 25.   |
|  |  |  |  |  |  |  |
|   |   |   |   |  |   |   |

What is found in the following rooms? Name two things for each room.

26. Toilet - \_\_\_\_\_ and \_\_\_\_\_  
 27. Bathroom - \_\_\_\_\_ and \_\_\_\_\_ (bed, chairs, jiko,  
 28. Bedroom - \_\_\_\_\_ and \_\_\_\_\_ soap, basin, tap,  
 29. Kitchen - \_\_\_\_\_ and \_\_\_\_\_ table, pots,  
 30. Sitting - \_\_\_\_\_ and \_\_\_\_\_ mattress, tissue  
 paper)

To clean my cup, I need three things. What do I need?

31. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

32. \_\_\_\_\_ and (33.) \_\_\_\_\_  
 are two harmful substances  
 that people smoke. (alcohol,  
 bhang, spirits, cigarette)

Tick correct answers about  
 people who smoke.

☒ for Yes and ☐ for No



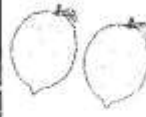


34. Some of them have ☐  
 stained teeth.  
 35. Smokers are very happy ☐  
 people.  
 36. They have burnt lips ☐  
 and finger tips.  
 37. They never cough. ☐  
 38. They are always ☐  
 healthy.  
 39. Their hair and clothes ☐  
 smell smoke.  
 40. We should hate the ☐  
 smokers.  
 41. \_\_\_\_\_ is the first  
 meal of the day. (supper,  
 snack, breakfast)

42. Why do you eat?  
 \_\_\_\_\_

43-45. Circle and draw the food  
 that is good for your teeth

|           |      |         |
|-----------|------|---------|
|           |      |         |
| sweets    | milk | biscuit |
|           |      |         |
| sugarcane | ice  | carrots |

What is the taste of these foods?

|   |   |   |
|---|---|---|
| 46.<br><br>Pepper          | 47.<br><br>Honey | 48.<br><br>Lemon |
| 49.<br><br>Ripe<br>bananas | 50.<br><br>Herbs |   |

(sour, sweet, hot, bitter)