

GRADE 1

MARKING SCHEME 2019

1. We buy meat from a _____
(shop, hotel, butchery) (1mk)
2. Licking your fingers when eating is _____ (1mk)
(good, bad, nice)
3. We should chew food with our mouth _____ (1mk)
(closed, open, wide)
4. We should wash our _____ after visiting the toilet. (1mk)
(head, hair, hands)
5. _____ are not good for our teeth. (1mk)
(Biscuits, Carrots, Beans)
6. We take medicine when we are _____ (1mk)
(healthy, sick, strong)
7. Write the names of these food we take for lunch (5mks)



chapati



rice



Sukuma Wiki



banana



Meat

8. Draw these fruits. (5mks)

banana



pawpaw

mango



apple



orange

9. Name these animals that give us food. (5mks)



cow



hen



fish



sheep



goat

10. We get food from _____
and _____ (2mks)
(air, soil, plants, animals)

11. Pit latrines are built _____
the house. (1mk)
(inside, outside, above)
12. Toilets should be _____
after use. (1mk)
(closed, flushed, opened)
13. A urinal is used by _____
(boys, girls, women) (1mk)
14. Fruits should be _____
before eating. (1mk)
(cooked, boiled, washed)
15. Name items for bathing. (5mks)



pumice stone



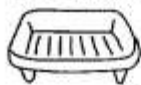
Soap



basin



towel



Soap dish

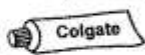
(towel, soap, soap dish,
pumice stone, basin)

16. We comb our hair using _____
(grass, stick, comb) (1mk)

17. Name these items for cleaning
our teeth. (5mks)



toothbrush



toothpaste



chewed stick



Salt



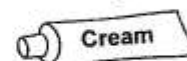
Water

(water, toothpaste, salt,
chewed stick, toothbrush)

18. Name these types of medicine (5mks)



Nose drop



Cream



capsule



tablet



Syrup

19. A _____ is a vegetable. (1mk)
(beans, sukumawiki, pineapple)
20. A _____ is not good for our
teeth. (1mk)
(Sweet, Carrot, Banana)
21. _____ make us strong.
(Medicine, Water, Exercise)
22. We wash our hands _____
eating. (after, before) (1mk)
23. We should help ourselves in
the _____. (1mk)
(bush, river, toilet)
24. Fill in the gaps. (3mks)
- sl e e p
h e a lthy
h a bits.

Areas covered:
- upto foods we buy from different places.

Total marks = 50

Assessment rubric

Exceeds Expectations (50)	Meets Expectations (25 - 49)	Approaches Expectations (11 - 24)	Below Expectations (0 - 10)