

GRADE 2 END TERM 3 EXAM 2019

HYGIENE & NUTRITION

When do we take each meal?

Match

- | | |
|--------------|------------------|
| 1. Breakfast | evening |
| 2. Snacks | mid day |
| 3. Lunch | morning |
| 4. Supper | in between meals |

In which room do the following happen?

- | | | |
|-------------------------|---|---------------------------|
| 5. Sleeping | - | <u>bedroom</u> |
| 6. Showering | - | <u>bathroom</u> |
| 7. Resting | - | <u>living room</u> |
| 8. Cooking | - | <u>kitchen</u> |
| 9. Reading | - | <u>study room</u> |
| 10. Relieving ourselves | - | <u>wash room / toilet</u> |

(Study room, kitchen, living room, bathroom, washroom/toilet, bedroom, store)

11. Why do you wash your hands?

12. What do I need to wash my hands? Water and

13. Soap

Draw these items

14. sponge



15. pan



16. soap



17. Where should cooked food be stored? _____
(outside, cool room, hot room)

What is found in each of the rooms?

Kitchen

18. Stove 19. frying pan

20. _____ 21. _____

Bedroom

22. bed 23. mattress

24. blanket

Livingroom

25. table 26. chair

27. television

Colour and name the following

28.



29.



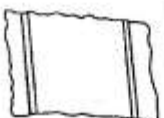
30.



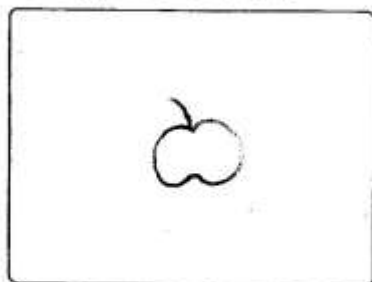
31.



32.



33. Draw, name and colour the fruit you like most.



Answer Yes or No

34. Smoking cigarettes and bhang is good. NO

35. Broken glass should be buried. Yes

36. We wash hands before and after a meal. Yes

37. A handkerchief can be used No

Yes

Group the following types of food as shown.

Cheese, arrowroot, eggs, banana, cabbage, beef, milk, tomatoes, mangoes

From animals

39. Cheese 40. milk

41. eggs 42. beef

From plants

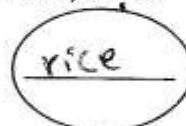
43. banana 44. arrowroot

45. cabbage 46. tomatoes

My meal today had tomatoes, cabbages, rice, fish.

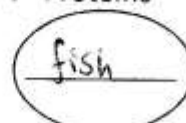
Put the food in the right circle.

47. Carbohydrates



48. Vitamins

59. Proteins



50. How do you keep your bedroom clean? _____