


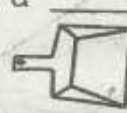





GRADE 3 MID TERM 2 EXAM 2019

HYGIENE & NUTRITION ACTIVITIES ANSWERS

NAME	SCHOOL
<p>1. Good sitting posture is a _____ habit. (<u>poor, good, bad</u>)</p> <p>2. Drinking water from a pool is a _____ habit. (<u>good, bad, healthy</u>)</p> <p>3. Jiggers can attack dirty _____ (<u>eyes, hair, toes</u>)</p> <p>4. Dentists use _____ to line up our teeth. (<u>tooth brushes, teeth braces, dental floss</u>)</p> <p>5. Tick the one we use to clean our classrooms.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <input type="checkbox"/> </div> <div style="text-align: center;">  <input checked="" type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> </div> </div> <p>6. After sweeping our floor, we put litter in the _____ (<u>dust coat, dust bin, broom</u>)</p> <p>7. This is a _____</p> <div style="text-align: center;">  </div> <p>(<u>spoon, mop, dustpan</u>)</p> <p><u>Write down three foods which leave greasy dirt on utensils.</u></p> <p>1. <u>Fried eggs</u></p> <p>2. <u>Pilau</u></p> <p>3. <u>Meat Stew</u></p>	<p>11. Naomi does not have steel wool. she can clean her sufuria using _____ instead. (<u>egg shells, sand, sisal fibre</u>)</p> <p>12. _____ are medicines for external use. (<u>Capsules, Syrups, Ointments</u>)</p> <p>13. _____ is the amount of medicine taken in a day or a week. (<u>Dosage, Prescription, Panadol</u>)</p> <p>14. Bathing in a river makes the water _____. (<u>contaminated, clear, safe</u>)</p> <p>15. Tick the item best for storing water at home.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <input checked="" type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> </div> </div> <p>16. A _____ is a source of water. (<u>tap, bottle, spring</u>)</p> <p>17. A _____ can be used to make a kitchen garden. (<u>sack, bottle, plate</u>)</p> <p>18. A dirty latrine attracts _____ (<u>people, butterflies, houseflies</u>)</p> <p>19. Mwajuma can use _____ to clean their latrine. (<u>ash, charcoal, egg shells</u>)</p> <p>20. We wear _____ on our hands when cleaning our toilets. (<u>socks, watches, gloves</u>)</p>

21. A _____ is a bedding material
(duvet, bedroom, bedbug)

22. Jandawa is a cigarette smoker.
His teeth are likely to be _____.
(white, stained, black)

23. Soap leftovers can be used to
make _____.
(soap gel, soap dish, detergents)

24. Personal items get _____ after
use.
(clean, soft, dirty)

25. Draw an animal from which we
get eggs.



26. Contaminated food can cause
_____.
(hygiene, headache, cholera)

Match the foods to the parts of
plants they come from

27.  _____ leaves
28.  _____ seeds
29.  _____ stems
30.  _____ roots

31. A swelling under the skin as a
result of a hit is called a _____.
(graze, bump, bruise)

32. Korir accidentally rubbed his
elbow against a wall. He is likely to
suffer a _____.
(prick, scald, graze)

Name three items that can
cause pricks.

33. Needle.

34. Thorns.

35. Wire.

Write True or False

36. Everybody likes all types of
food. False.

37. A lemon is salty in taste. True.

38. Eggs can be boiled or fried. True.

39. We get milk and meat from sheep.
False.

40. Fruit juice is drunk but not
eaten. True.

41. Circle the food you buy from a
grocery.



42. Overloading sockets may lead
to _____.
(chocking, electrocution, lightning)

43. People who can not hear are
_____.
(deaf, dumb, blind)

44. Juda is not a clean boy. He passes
urine in the _____.
(urinal, latrine, classroom)

Match the first aid items with
their names

45.  _____ Bandage
46.  _____ Antiseptic
47.  _____ Razorblade
48.  _____ Safety pin
49.  _____ Scissors
50.  _____ Pain killers