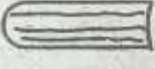







GRADE 2 MID TERM 2 EXAM 2019

HYGIENE & NUTRITION ACTIVITIES ANSWERS

NAME	SCHOOL
1. The meal I eat in the morning is called _____. (supper, <u>breakfast</u> , lunch)	10. We need _____ for our oral hygiene. (charcoal, powder, <u>a chewed stick</u>)
2. Food gives us _____ to work and play. (<u>energy</u> , tea, toys) Name two foods you take for breakfast.	Match the healthy foods with their names.
3. <u>Tea</u>	11.  Egg
4. <u>Bread</u>	12.  Strawberries
5. The child drawn below is using  (a tooth brush, dental floss, tooth paste)	13.  Banana
6. We use our teeth to _____ food. (smell, <u>bite</u> , see)	14.  Cucumber
7. A _____ takes care of our teeth. (doctor, nurse, <u>dentist</u>)	15.  Sugarcane
8. Brushing teeth after meals is a _____ habit. (clean, <u>good</u> , dangerous)	16. Most people watch television in their (bedroom, <u>living room</u> , kitchen)
9. Chewing my pencil is a _____ habit. (<u>good</u> , bad, nice)	17. Utensils and cookers are likely to be found in the (dining room, <u>kitchen</u> , bedroom)
	Match the item with where it is found
	18. Pillow _____ kitchen
	19. Sink _____ living room
	20. Flower vase _____ bedroom
	21. A _____ is found in the dining room (pan, pillow, <u>table</u>)

22. We get _____ from plants.
(eggs, peas, liver)

23. We get milk from _____
(plants, goats, pigs)

Name two common foods in your area.

24. Rice

25. ugali

26. Eating foods required by the body is called _____ eating.
(poor, healthy, food)

Write "True" or "False"

27. Yoghurt is made from milk.
True

28. Pears are not good for our teeth.
False

29. A toothpick is a string used to clean between the teeth.
False

30. Eating raw carrots can strengthen our teeth. True

31. We identify the size of an object using our sense of _____.
(eyes, small, sight)

Describe the smell by writing "pleasant" or "unpleasant"

32. Rotten fish - Un Pleasant

33. Fried egg - Pleasant

34. Ripe banana - Pleasant

35. Dirty feet - Unpleasant

Use the words in the box to complete these sentences

hand, ears, nose, tongue, eyes

36. I taste with my tongue

37. I touch with my hand

38. I hear with my ears

39. I smell with my nose

40. I see with my eyes

Match these sentences correctly

41. We wash our hands ~~with your mouth closed.~~

42. Chew food ~~with your food.~~

43. Serve portions of food ~~at the table.~~

44. Don't play ~~that you can finish~~

45. Don't pick your teeth ~~before we eat.~~

46. A place where meat is sold is a
(grocery, butchery, supermarket)

47. An open place where we buy goods is a
(shop, market, grocery)

48. A store that sells foods mainly fruits and vegetables is a
(hotel, shop, grocery)

49. A shop that sells baked food is a
(market, butchery, bakery)

50. A building where goods and services are sold is a
(shop, market, hotel)