






## GRADE 3 END TERM 2 ANSWERS 2019

### HYGIENE & NUTRITION ACTIVITIES

NAME:	SCHOOL:	DATE:
<p>1. When we wear clean clothes and shoes we look _____. (dirty, untidy, <u>clean</u>)</p> <p>2. _____ is a healthy habit. (Standing, Sitting, <u>Exercising</u>)</p> <p>3. We should drink _____ water. (coloured, blue, <u>clean and safe</u>)</p> <p>4. We take _____ meals in a day. (2, <u>3</u>, 4)</p> <p>5. We clean our teeth with _____. (charcoal, <u>toothbrush</u>, pencil)</p> <p>6. The holes in the teeth are called _____. (plaque, hole, <u>cavities</u>)</p> <p>7. Which one is not good for our teeth? _____. (Orange, <u>sweet</u>, milk)</p> <p>8. Teeth are _____ in colour. (yellow, <u>white</u>, black)</p> <p>9. Too much of food can cause _____. (happiness, under-weight, <u>over-weight</u>)</p> <p>10. A doctor who looks after our teeth is called a _____. (optician, nurse, <u>dentist</u>)</p> <p>11. The place where dirt is put is a _____. (dust pan, <u>dust bin</u>, duster) Name the following.</p>	<p>14.  <u>Mango</u> bananas, apple, mango)</p> <p>15. The _____ shows who will be cleaning the classroom and on which day. (timetable, weather chart, <u>duty rota</u>)</p> <p>16. Eating habits are known as good _____ manners. (chair, <u>table</u>, chair)</p> <p>17. Which one is not a source of water? _____. (River, Spring, <u>Tank</u>)</p> <p>18. Dirty food makes us _____. (<u>sick</u>, healthy, strong)</p> <p>19. In your school pupils use _____ to help themselves. (dustbin, latrines, <u>toilet</u>)</p> <p>20. _____ gives us strength to work during the day. (Supper, Lunch, <u>Breakfast</u>)</p> <p>21. We should keep water in a _____ container. (dirty, <u>covered</u>, big) <u>The following are things used to clean toilet and latrines. Name them.</u></p> <p>22.  <u>broom</u></p> <p>23.  <u>Mop</u></p>	
<p>12.  <u>bananas</u></p> <p>13.  <u>Apple</u></p>		

24.



Hard brush

(Hard brush, mop, bucket, broom)

25.



Bucket

26. We should wash our \_\_\_\_\_ before eating.

(mouth, hands, legs)

27. Towel and socks are \_\_\_\_\_ items.

(property, personal, home)

28. Bed, mattress and blankets are found in the \_\_\_\_\_

(sitting room, kitchen, bedroom)

29. Which bedding material do we place under our head when sleeping? \_\_\_\_\_ (duvet, pillow case, bed cover)

30. \_\_\_\_\_ are found in dirty feet.

(Lice, Jiggers, Fleas)

31. A hen gives us \_\_\_\_\_

(milk, eggs, fruits)

32. This is a \_\_\_\_\_



(snake, worm, bird)

33. Wash fruits with clean \_\_\_\_\_ to avoid germs.

(blood, water, soil)

34. A \_\_\_\_\_ is a fruit

(mango, cabbage, egg)

35. A \_\_\_\_\_ gives us milk.

(cow, hen, pig)

36. We eat the \_\_\_\_\_ of carrots.

(leaf, roots, fruits)



37. Dirty things smell \_\_\_\_\_

38. We dry our body with \_\_\_\_\_ (handkerchief, cloth, towel)

39. Things we use for eating are called \_\_\_\_\_

(tools, utensils, things).

40. This is a spider's \_\_\_\_\_



(hive, web, kennel)

41. Wash the \_\_\_\_\_ after bed wetting.

(house, beddings, floor)

42. We clean our nose with \_\_\_\_\_

(cloth, towel, handkerchief)

43. We smell with our \_\_\_\_\_

(eyes, nose, ears)

44. The food that we eat in the evening is called \_\_\_\_\_

(breakfast, lunch, supper)

45. We open windows when cleaning our classrooms to let in fresh \_\_\_\_\_

(soil, air, dust)

46. People who use tobacco smell \_\_\_\_\_ (nice, good, bad)

Draw these fruits.

47. Orange

48. Banana



49. Mango



50. It is good to \_\_\_\_\_ food slowly.

(bite, chew, swallow)