

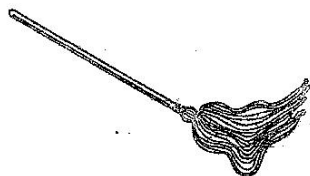
# GRADE 3 MID TERM 1 EXAMS-2019

## HYGIENE- ACTIVITIES

NAME Mr. Mercy

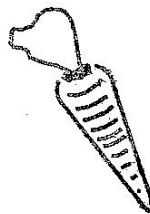
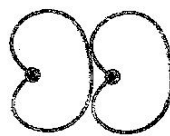
SCHOOL .....

1. We eat during \_\_\_\_\_  
(bedtime, meal time, cooking time)
2. Serving more food than you can finish is \_\_\_\_\_ (nice, bad, good)
3. Playing near sockets can cause \_\_\_\_\_ (chock, shock, scald)
4. \_\_\_\_\_ takes care of our eyes.  
(A dentist, A nurse, An optician)  
Write down three healthy activities you do every day.
5. Doing Exercise
6. Eating healthy food
7. Washing like toilet
8. I am a place in the house. Foods are prepared in me. I am a \_\_\_\_\_  
(living room, kitchen, dining area)
9. This item can be used to clean our \_\_\_\_\_



- (windows, teeth, floor)
10. Before going to bed at night, we eat our \_\_\_\_\_.  
(supper, lunch, breakfast)  
State whether healthy or unhealthy.
  11. Eating sugarcane. healthy
  12. Sharing toothbrushes. unhealthy
  13. Drinking milk. healthy
  14. We should bath \_\_\_\_\_  
(every time, weekly, daily)
  15. A \_\_\_\_\_ cannot be used to clean the floor (mop, broom, stick)

16. Kachafu likes urinating in a river near their home. The river water is \_\_\_\_\_.  
(cleaned, contaminated, finished)
17. We use our \_\_\_\_\_ to clean our nose. (toothbrushes, handkerchiefs, toothpaste)  
Name one item found in the:
18. Kitchen Plates, spoons
19. Bedroom Bed sheet
20. Sitting room Television
21. Those who smoke can become \_\_\_\_\_.  
(strong, burnt, sick)
22. \_\_\_\_\_ is a dangerous chemical.  
(Salt, Juice, Petrol)
23. Tick the one that can be eaten raw.



Write true or false.

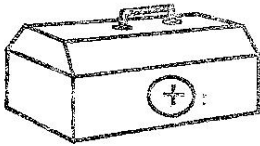
24. We can use a chewed stick in place of toothpaste. true
25. When we lose our handkerchiefs, we must buy new ones true
26. Warm soapy water can be used to clean our teeth. false
27. Lemon has a sour taste.  
(Sugarcane, Lemon, Banana)
28. Steelwool can be used to clean \_\_\_\_\_  
(utensils, floors, faces)
29. Sammy and Mike like sharing a comb.

G3 TIMER H/N 0012019

They are likely to suffer from \_\_\_\_\_ (headache, stomachache, ringworms)

Name the diagram drawn below.

30.



(A box, A tool box, A first aid kit)

31. After fetching water from a tap, we should \_\_\_\_\_ it.

(boil, clean, close)

32. Afiemo wants to clean a plate from which she ate fatty meat. She should use clean, warm \_\_\_\_\_ water. (salty, clear, soapy)

33. \_\_\_\_\_ can be shared.

(Bed, Towel, Combs)

34. Eating too much chocolate is \_\_\_\_\_ to our teeth.

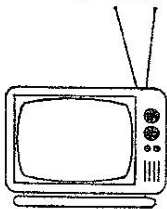
(better, harmful, not bad)

35. Maimuna is watering flowers with the water she used to wash fruits. She is \_\_\_\_\_ the water.

(wasting, spoiling, reusing)

36. Sukumawiki are \_\_\_\_\_ of a plant. (seeds, leaves, stems)

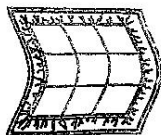
37. The item drawn below is mostly found in our \_\_\_\_\_



(sitting rooms, kitchens, farms)

38. Gilbert wants to clean his tongue.

Tick the item he needs.



39. Drinking water should be \_\_\_\_\_ before drinking.

(filtered, boiled, cooked)

40. To keep away cockroaches from her house, Kadogo should keep the house \_\_\_\_\_ (dry, dark, clean)

41. Sugarcane \_\_\_\_\_ are used as food. (roots, leaves, stems)

42. When people smoke near us we can get \_\_\_\_\_

(appetite, diseases, smoky)

43. Blankets, mattresses and pillows are found in the \_\_\_\_\_

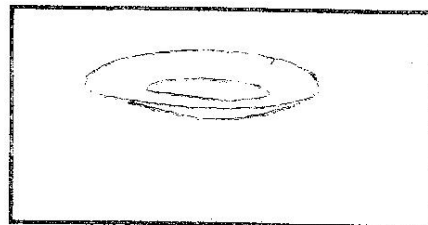
(bedroom, kitchen, sitting room)

44. We get both milk and meat from a \_\_\_\_\_ (pig, goat, chicken)

45. My \_\_\_\_\_ can use a urinal.

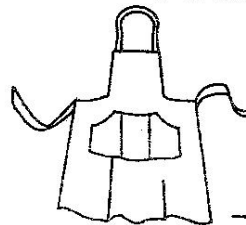
(brother, sister, mother)

46. Draw a plate



47. Tea, bread and eggs are mostly eaten \_\_\_\_\_ (at night, in the morning, in the afternoon)

48. Name the item drawn below.



(Cap, Apron, Overall)

Write "healthy" or "unhealthy"

49. Cleaning hands after visiting the toilet. healthy

50. Putting food in your pocket as you go to school. unhealthy