

Name _____

Assessment No. _____

School _____

Date _____

Instructions: This paper consists of two sections A and B

TIME: 1HR. 20MIN

SECTION A : (20 MARKS)

1. Musical instruments that are played by hitting or shaking are known as
- A. hit instruments
 - B. indigenous instruments
 - C. percussion instruments
 - D. shake instruments

2. Study the following Kodaly hand sign and identify the sol-fa syllable that matches with it.



- A. do
 - B. fa
 - C. so
 - D. la
3. Which of the following is **not** a phase in javelin throw?
- A. Approach run
 - B. Landing
 - C. Carry
 - D. Cross over
4. The following are elements of a story. Which one is described as the central message communicated in the story?
- A. Character
 - B. Plot
 - C. Theme
 - D. Setting
5. Which of the following is a cool colour?
- A. Blue
 - B. Yellow
 - C. Red
 - D. Orange

6. Which of the following **best** defines pitch in music?
- A. The moments of silence in music
 - B. The speed at which music is played
 - C. The highness or lowness of sound in music
 - D. The patterns of music notes

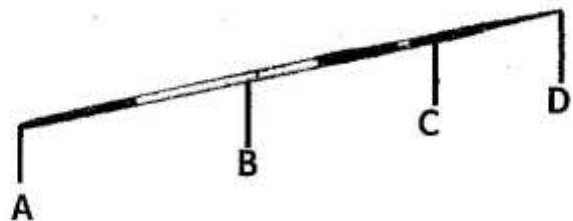
7. Which of the following is a wind instrument **correctly** matched with the community that plays it?

- A. Abu - Luo
- B. Chivoti - Abagusii
- C. Egetureri - Agikuyu
- D. Nzumari - Luyha

8. Which one of the following is **not** a function of songs?

- A. Communicates important messages
- B. Educates the society
- C. Accuses evildoers in the society
- D. Entertains

9. The following is a drawing of a javelin. Identify the name of the part labelled B.



- A. Cord grip
- B. Handle
- C. Shaft
- D. Tail

10. The people who listen to a story-telling session are known as

- A. narrators B. audience
C. characters D. group of listeners

11. The following materials can be used to make costumes used when performing folk songs. Identify the one that is **not**.

- A. Sisal fibres
B. Animal hides/skins
C. Old newspapers
D. Maasai shukas

12. Which of the following is **not** a category of Creative Arts and Sports?

- A. Physical Education
B. Visual Arts
C. Music and Dance
D. Drama and Film

13. Identify the tonic note on the C major scale.

- A. C B. A
C. D D. B

14. Study the following note and identify its rest.



15. Grade Seven learners were carving a javelin that they would use during the athletics competitions. Which of the following is the **right** material that was used?

- A. Metal
B. Bamboo
C. Wood
D. Rubber

16. Study the following handball skill and identify its name.



- A. Jump shot B. Side pass
C. Low dribbling D. Side pass

17. The following are safety precautions observed when playing a handball game. Which one is **not**?

- A. Removing all jewellery from the body
B. Performing physical exercises
C. Wearing sports wear
D. Taking energy drink

18. Grade Seven learners were asked to play the C major scale on the piano keyboard. Who among the following did the **right** thing?

- A. **Lamec** - played only the white keys
B. **Job** - played only the black keys
C. **Bobo** - played both the white and black keys
D. **Jeremy** - played white keys and one black key

19. Grade Seven learners were making wax crayons using locally available materials. Which of the following materials was **not** used?

- A. Recycled candle wax
B. Pigment
C. Water
D. Fire

20. Milly and Cheruto were forming a team to play in a game of handball. How many more players were needed?

- A. 7 B. 5
C. 3 D. 9

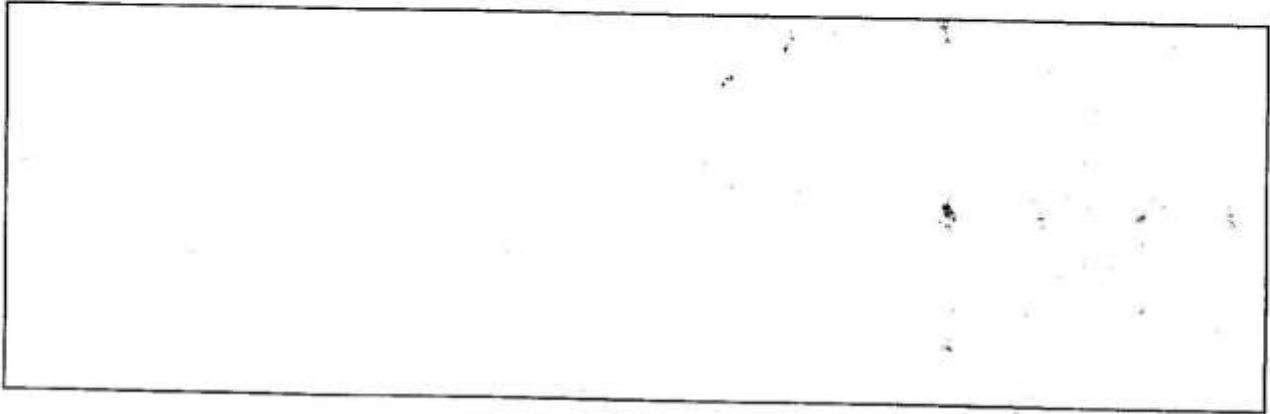
SECTION B: (30 MARKS)

Answer all questions in the space provided

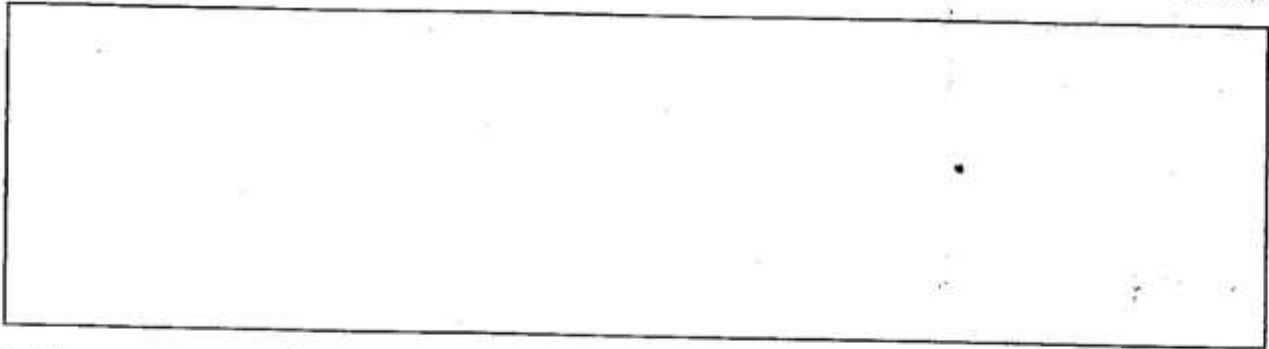
- 21.** List **three** physical activities that show strength in physical fitness. (3 mks)

(i). _____
(ii). _____
(iii). _____

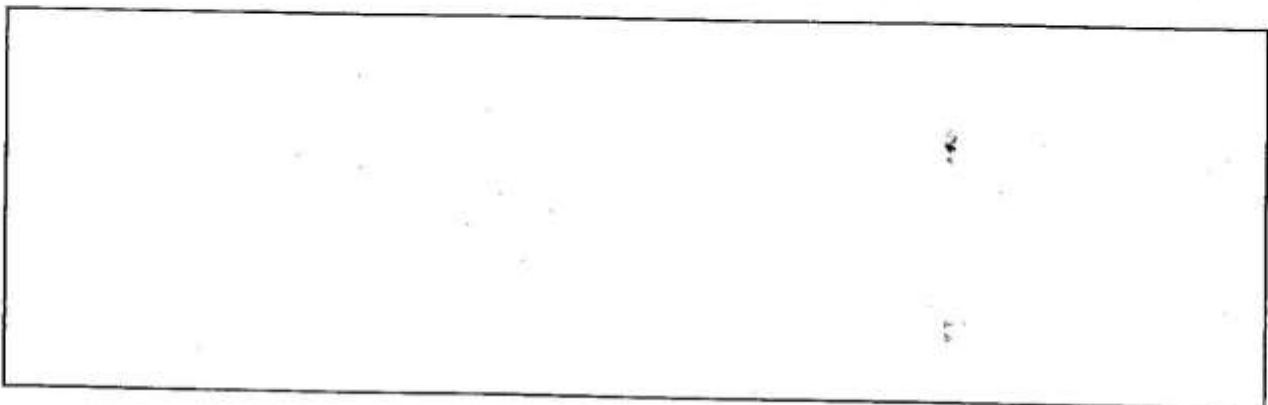
- 22.** Compose a four-bar rhythmic pattern in 2/4 time. (4 mks)



- 23.** On the space provided below draw the treble staff and indicate the notes on the spaces. (6 mks)



- 24.** On the space provided below, draw **three** shapes focusing on balance of the forms in the space. (4mks)



25. Define colour progression as applied in painting.

(2 mks)

26. Grade Seven learners carved a javelin stick. List **three** methods of decoration that they applied on the finished product. (3 mks)

(i).

(ii).

(iii).

27. List **two** qualities of a good melody.

(2mks)

(i).

(ii).

28. List **two** storytelling techniques.

(2mks)

(i).

(ii).

Optional section. Answer either question 29 or 30. Do not answer both.

29. Swimming

(a). List **three** water entry skills applied in swimming.

(3mks)

(i).

(ii).

(iii).

(b). When a swimmer lies on water horizontally facing the sky; this position is known as

(1mk)

30. Kenyan indigenous games

(a). Define floor games.

(1mk)

(b). Identify a floor game played in your community.

(2mks)

(c). Describe how the game identified above is played.

(2mks)
