

Name _____

School _____

Instructions: This paper consists of two sections A and B

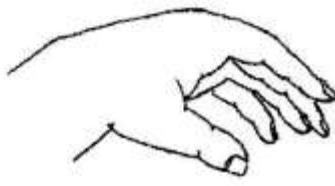
Assessment No. _____

Date _____

TIME: 1HR. 20MIN

SECTION A : (20 MARKS)

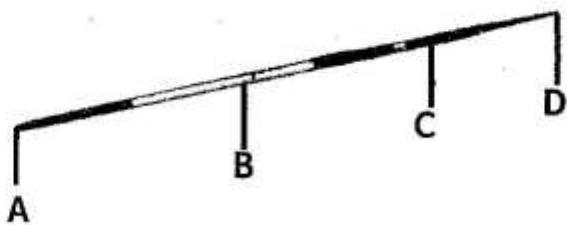
1. Musical instruments that are played by hitting or shaking are known as
A. hit instruments
B. indigenous instruments
C. percussion instruments
D. shake instruments
2. Study the following Kodaly hand sign and identify the sol-fa syllable that matches with it.



- | | |
|-------|-------|
| A. do | B. fa |
| C. so | D. la |
3. Which of the following is **not** a phase in javelin throw?
A. Approach run B. Landing
C. Carry D. Cross over
 4. The following are elements of a story. Which one is described as the central message communicated in the story?
A. Character
B. Plot
C. Theme
D. Setting
 5. Which of the following is a cool colour?
A. Blue B. Yellow
C. Red D. Orange

6. Which of the following **best** defines pitch in music?
A. The moments of silence in music
B. The speed at which music is played
C. The highness or lowness of sound in music
D. The patterns of music notes
7. Which of the following is a wind instrument **correctly** matched with the community that plays it?

A. Abu	-	Luo
B. Chivoti	-	Abagusii
C. Egetureri	-	Agikuyu
D. Nzumari	-	Luyha
8. Which one of the following is **not** a function of songs?
A. Communicates important messages
B. Educates the society
C. Accuses evildoers in the society
D. Entertains
9. The following is a drawing of a javelin. Identify the name of the part labelled B.



- | | |
|--------------|-----------|
| A. Cord grip | B. Handle |
| C. Shaft | D. Tail |

10. The people who listen to a story-telling session are known as

- A. narrators B. audience
C. characters D. group of listeners

11. The following materials can be used to make costumes used when performing folk songs. Identify the one that is **not**.

- A. Sisal fibres
B. Animal hides/skins
C. Old newspapers
D. Maasai shukas

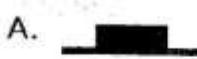
12. Which of the following is **not** a category of Creative Arts and Sports?

- A. Physical Education
B. Visual Arts
C. Music and Dance
D. Drama and Film

13. Identify the tonic note on the C major scale.

- A. C B. A
C. D D. B

14. Study the following note and identify its rest.



15. Grade Seven learners were carving a javelin that they would use during the athletics competitions. Which of the following is the **right** material that was used?

- A. Metal
B. Bamboo
C. Wood
D. Rubber

16. Study the following handball skill and identify its name.



- A. Jump shot B. Side pass
C. Low dribbling D. Side pass

17. The following are safety precautions observed when playing a handball game. Which one is **not**?

- A. Removing all jewellery from the body
B. Performing physical exercises
C. Wearing sports wear
D. Taking energy drink

18. Grade Seven learners were asked to play the C major scale on the piano keyboard. Who among the following did the **right** thing?

- A. Lamec - played only the white keys
B. Job - played only the black keys
C. Bobo - played both the white and black keys
D. Jeremy - played white keys and one black key

19. Grade Seven learners were making wax crayons using locally available materials. Which of the following materials was **not** used?

- A. Recycled candle wax
B. Pigment
C. Water
D. Fire

20. Milly and Cheruto were forming a team to play in a game of handball. How many more players were needed?

- A. 7 B. 5
C. 3 D. 9

SECTION B: (30 MARKS)

Answer all questions in the space provided

21. List three physical activities that show strength in physical fitness. (3 mks)

- (i). _____
- (ii). _____
- (iii). _____

22. Compose a four-bar rhythmic pattern in 2/4 time. (4 mks)

23. On the space provided below draw the treble staff and indicate the notes on the spaces. (6 mks)

24. On the space provided below, draw three shapes focusing on balance of the forms in the space. (4mks)

25. Define colour progression as applied in painting.

(2 mks)

26. Grade Seven learners carved a javelin stick. List **three** methods of decoration that they applied on the finished product. (3 mks)

- (i). _____
- (ii). _____
- (iii) _____

27. List **two** qualities of a good melody. (2mks)

- (i). _____
- (ii). _____

28. List **two** storytelling techniques. (2mks)

- (i). _____
- (ii). _____

Optional section. Answer either question 29 or 30. Do not answer both.

29. Swimming

(a). List **three** water entry skills applied in swimming. (3mks)

- (i). _____
- (ii). _____
- (iii) _____

(b). When a swimmer lies on water horizontally facing the sky; this position is known as _____ (1mk)

30. Kenyan indigenous games

(a). Define floor games. (1mk)

(b). Identify a floor game played in your community. (2mks)

(c). Describe how the game identified above is played. (2mks)
