

**Name** \_\_\_\_\_  
**School** \_\_\_\_\_

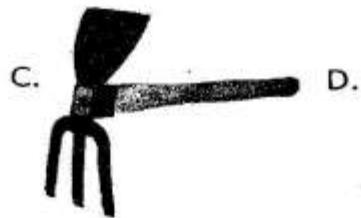
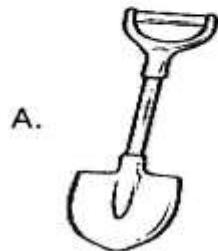
**Assessment No.** \_\_\_\_\_  
**Date**

**Instructions:** This paper consists of two sections **A** and **B**

**TIME: 1HR. 20MINS**

**SECTION A: (15 MARKS)**

1. Which one of the following is the **most** suitable tool for loosening soil around young plants in a kitchen garden?



2. A farmer noticed that their maize plant had yellowing leaves and stunted growth. This deficiency is **most** likely to be caused by lack of

A. water                    B. sunlight

C. manure                D. warmth

3. Which of the following activities helps to prevent soil erosion in a sloping farm?

A. Flat digging

B. Planting crops in straight lines downhill

C. Construction of terraces

D. Burning crop residues

4. The practice of growing different crops on the same piece of land in different seasons is known as  
A. intercropping  
B. crop rotation  
C. mixed farming  
D. monocropping

5. Which one of the following is an advantage of using organic manure in farming?  
A. It is quickly absorbed by plants  
B. It does not attract pests  
C. It is free from diseases  
D. It improves soil structure and water retention

6. Which one of the following is a disadvantage of boiling as a cooking method?  
A. It kills germs  
B. It makes food tender  
C. It can lead to loss of water-soluble nutrients  
D. It requires minimal supervision

7. A child suffering from Kwashiorkor would typically show which of the following symptoms?  
A. Thin body with wrinkled skin  
B. Swollen belly and reddish hair  
C. Frequent coughing and sneezing  
D. Excessive sweating

8. When preparing fruits for consumption, why is it important to wash them thoroughly?

- A. To remove dust and pesticide residue
- B. To make them ripen faster
- C. To change their colour
- D. To make them sweeter

9. The following are all uses of water collected in the structure below in the farm except



- A. watering animals
- B. irrigating crops
- C. mixing farm chemicals
- D. cooking and drinking

10. Which of the following items should be disinfected regularly at home to prevent the spread of germs?

- A. Clothes in a wardrobe
- B. Remote controls
- C. Door handles and light switches
- D. Wall decorations

11. Which of the following is a common textile used to make school uniforms?

- A. Silk
- B. Wool
- C. Cotton
- D. Leather

12. After preparing a meal, which of the following is the **most** appropriate way to dispose of food waste to maintain hygiene?

- A. Dumping them in the sink
- B. Giving them to street families
- C. Feeding it to wild dogs and animals
- D. Collecting it in proper covered dust bin and disposing them in the farm

13. A farmer wants to protect their animals from theft. Which of the following is the **most** effective security measure?

- A. Leaving animals unattended
- B. Building a strong fence and gate
- C. Relying on wild animal for protection
- D. Allowing animals to roam freely

14. Which of the following food groups provides the body with energy for daily activities?

- A. Proteins
- B. Vitamins
- C. Carbohydrates
- D. Minerals

15. A group of learners was advised to plant leguminous plants in their school garden to improve soil fertility. Which of the following is a leguminous crop?

- A. Maize
- B. Kales
- C. Tomatoes
- D. Peas

**Section B: (35 MARKS)**

**Answer all the questions in the spaces provided.**

16. Grade 7 learners were planning to prepare a small plot for planting vegetables.

(a). State **two** reasons why it is important to clear the land before planting. (2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(b). Give **two** methods of conserving water in the farm. (2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

17. The diagram below shows a simple garden structure.



(a). Identify the type of garden shown in the diagram above. (2mks)

(b). State **two** advantages of establishing such a garden in a small urban plot. (2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

18. Grade 7 learners want to plant sweet potatoes.

(a). Identify the common planting material for sweet potatoes. (2mks)

(b). Describe **two** land preparation activities the learners should carry out before planting sweet potatoes. (2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

19. A farmer is setting up a small poultry unit for their indigenous chickens

(a). State why it is important to have a proper housing for poultry. (2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(b). State **four** factors to consider in sorting and grading of eggs. (4mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(iii). \_\_\_\_\_

(iv). \_\_\_\_\_

20. Afforestation is an important farming practice.

(a). Define afforestation

(2mks)

(b). Give **three** benefits of trees towards Agriculture.

(3mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(iii). \_\_\_\_\_

21. Your family wants to prepare a balanced diet. State **two** food items that can provide carbohydrates in a balanced meal.

(2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(b). Identify **three** cooking methods that can be used to prepare a balanced meal at home.

(3mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(iii). \_\_\_\_\_

22. Grade 7 learners were preparing vegetables.

(a). State **two** examples of vegetables they **most** likely prepared

(2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(b). Outline **three** ways in which they conserved nutrients while cooking the vegetables.

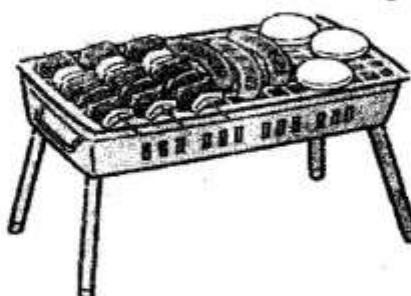
(3mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_

(iii). \_\_\_\_\_

23. The picture below shows a cooking item



Outline **two** safety precautions to be observed while using the above tool for cooking.

(2mks)

(i). \_\_\_\_\_

(ii). \_\_\_\_\_