

**AA-14**  
**FORM ONE HOME SCIENCE**

1. a) Name **four** symptoms of food poisoning.  
(2mks)

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b) Suggest **four** ways of guarding against food poisoning  
(2mks)

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2 Explain the following methods of purifying water

(a) **Sedimentation**  
(5mks)

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**(b) Filtration**

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3. State **four** advantages of having a refrigerator in the home  
(4mks)

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4. Name **three** methods of heat transfer

(1½ mks)

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5. State **five** reasons for cooking food.

( 5mks)

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6 (a) Name **two** main classification of methods of cooking

(2mks)

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(b) Explain each of these groups and give **two** example in each group.

(4mks)

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7. State **two** advantages and **two** disadvantages of steaming as cooking methods. (4mks)

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8. Explain **two** reasons for covering saucepans when cooking.  
(2mks)

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9. Define first Aid.  
(2mks)

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10. Why is oil suitable for deep frying and not fat.  
(2mks).....

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11. Identify **two** ways of storing dressmakers pins.

(1mks)

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12. Describe how to wash a neglected aluminium pan.

(5mks)

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13. State **three** factors which influence the choice of a cooking method

(3mks).....

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14. Define the term hygiene

(1mk).....

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15 State **five** ways of preventing skin diseases.

(5mks).....

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16. Give **six** qualities that make aluminium popular

(3mks)

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17. State the difference between broom and brushes.  
(4mks).....  
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18. Identify **three** task that are carried out during special cleaning of  
bed room. (3mks)  
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19. State **six** ways of ensuring that leather shoes last long.  
(3mks)  
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20. State and explain the steps to take during management of nose bleeding (6mks)

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21. State **four** functions of the skin (2mks)

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22 List **two** measures to prevent athletes foot.

(2mks)

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23. Highlight **three** causes of poor hygiene.

(3mks)

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24. List **seven** items that are essential in a first Aid kit.

(3½ mks)

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27. Suggest **three** ways in which medicine can be abused  
(3mks)

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28. List **four** economical ways of disposing refuse  
(2mks)

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