

AA-14
FORM ONE ENGLISH

1. **COMPREHENSION**

Read the passage below and answer the questions that follow:

UGALI

As ugali becomes more and more **popular** among Kenyan families, the ways of preparing it continue to increase. For instance, the way ugali is cooked in other parts of the country is different from the method used in the Western region, is preparing ugali. When Achiko, a lady from the western region, is preparing ugali, she measures out the amount of water and flour she need to prepare enough ugali to feed the family. Achiko has four brothers and one sister. She has learnt how much water and flour she needs to feed the whole family. She knows that when there are no visitors, she needs to measure three litres of water and one and three quarter kilogrammes of flour. She has to keep checking on the fire to make sure that there is enough firewood to speed up the rate of boiling. This is because when water boils quickly, it ensures a dish of well cooked ugali and as Achiko's cookery is rarely criticized, she is always anxious to produce **commendable results**. To make sure this happens, she gets all she needs ready while the water is still getting hot.

As soon as the water starts bubbling, Achiko adds four handfuls of flour to it. This lowers the temperature of the water and it stops producing bubbles. She has to wait for the temperature to rise again

before she can begin stirring the mixture of water and flour. While she is waiting to see bubbles, she checks on the cleanliness of cooking stick and holds it at the ready. As soon as the mixture has produced enough **froth** to almost submerge the flour, Achiko stirs the flour in the water three times. Noticing that the temperature has dropped once more, she pauses to give it time to rise. When bubbles appear again, she stirs the mixture.

She must be careful how long she pauses or how soon she adds flour to the boiling soft mixture. This is because failure to pause for the heat to **build up** after the **initial contact** of water and flour ruins the results. Thereafter, it does not matter how high or hot the flame under the pit is, the ugali will remain half-cooked. Therefore, **maximum concentration** is required at this stage.

Once the bubbles in the mixture grow wild, Achiko knows it is time to add more flour and turn the mixture in the pot vigorously to get rid of any lumps of raw flour in the increasingly stiffening mixture. As the mixture thickens, the amount of flour added decreases until it is a matter of a **sprinkled** to complete the process.

Achiko insists on silence when she is cooking ugali. She says this is important because the time people prepare ugali is the same time **ghosts** of people who died of starvation long ago are roaming homesteads. As soon as she adds the first handful of flour to the water, she meaningfully looks at the children who are surrounding the pot. They immediately interpret the message. Repeating what her mother has

told her about ugali disappearing if it is prepared in a noisy room, Achiko shocks the children by telling them that whistling interfered with the mixing of hot water, flour and air. Chacha, who likes whistling, has to promise never to do it again. All are silent, but eager.

In anticipation, the children watch Achiko’s arms **skillfully turning** over the increasingly stiffening lump in the pot. Her neck, back and arms grow more and more **taut** as works at the pot. While she is still cooking, she uses her finger to test the texture of the cooking **ugali**. She keeps this up until the ugali is thoroughly cooked. Finally she sets the meal before he family.

(i) Why does Achiko maintain silence when she is cooking?

(2mks)

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.....

(ii) Why does she have to keep on checking he fire?

(2mks)

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.....
(iii) Why does the water have to boil before she adds the flour?

(2mks)

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(iv) Explain why Achiko is always anxious about her cooking.

(2mks)

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.....
(v) Explain what message the children get from Achiko's look before she starts stirring the mixture (2mks)

(vi) According to the passage, why is whistling bad?

(2mks)

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(vii) What kind of superstitions are associated with cooking ugali in this passage? (4mks)

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(ix) *Explain the meaning of the following words and phrases as used in the passage* (5mks)

Popular

.....

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Ghosts.....

.....

Commendable

Result.....

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Froth.....

.....

Build up

.....

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Taut

.....

.....

2. *Read the poem below and answer the questions that follow:*

Crack the glass,
And the crack,
Will always remain
The human heart
Has the same vein,
Its' just as delicate
To the strain.

Once it is hurt,
It is too hard
To fade the stain.
Though parts can
Fix together...
You've just to touch the wound,
To make it drain again.

Sheikha – El. Miskery

*(From poems from East Africa edited by David cook
and David Rubadini. Hernemann, 1986, 36)*

(i) How is the human heart similar to glass according to the poem?

(2mks)

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.....
.....

(ii) Identify the rhyming words in the poem.

(2mks)

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.....
.....

(iii) *Explain the following lines as used in the poem:*

(2mks)

(a) And the crack

Will always remain

.....
.....
.....

(b) You've just to touch the wound

To make it drain again.

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.....

(iv) Give the poem the title.

(2mks)

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.....

(v) In what **two** ways, in your opinion, can love and peace heal broke hearts? (2mks)

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3. (a) *Fill in the blanks below with the correct form of the present simple tense in brackets.*

(13mks)

Cows(is/are) important animals in our country.

We all(feel/feels) that if the country
.....(encourage/encourages) and

.....(pump/pumps) money into the diary industry, our country will be able to produce enough milk to feed the people and to export. At the moment, the country(have/has) enough milk to go round, but research into agricultural potential of this land(show/shows) that we(is/are) able to produce twenty times more milk than we(produce/produces) today. The need for this(is / are) seen on the radiant face. The face says, “This(is/are) heavenly.” Thus the child(congratulate/congratulates) the farmer and at the same time(pass/passes) a vote of confidence in his country, the source of the milk. The milk, therefore(preach/preaches) patriotism.

(b) Complete the following sentences by filling in the blank spaces with the correct form of the words in brackets
(7mks)

(i) Neither the headmaster nor his deputy

.....(is/are) around.

(ii) Neither the prefects nor the monitors

.....(have/has the lost bell.

(iii) He told me that none of the girls

.....(was/were) allowed to sit for the exam.

(iv) One of the my friends(is/are) coming

to my home tomorrow.

(v) Pastor Muiru with his Maximum kids

(come/comes) to out Church this Sunday.

(vi) Either the Principal or the teachers(is/are)

to blame.

(vii) None of them(were/was) found with

the stolen items.

(c) *Supply the missing words in the words in the table below :*

(10mks)

| Present | Past |
|---------|--------|
| Take | |
| | Learnt |
| Forbid | |
| Shake | |
| | Won |
| Sing | |
| Wind | |
| | Put |
| | |
| Break | |
| Steal | |

(d) *Write five sentences using the following verbs*

(5mks)

(i) swim

.....

(ii) cultivate

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(iii) read

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.....

(iv) promise

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.....

(v) borrow

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.....

(e) Fill in the blank spaces in the following sentences with the most appropriate preposition

(5mks)

(i) He tookhis clothes and dived into the pool.

(ii) She will presidethe function.

(iii) The exercise was conducted in accordanceregulations.

(iv) Mutiso arrived at the airport just

.....time to catch the plane.

(v) He cannot prevent megoing if I

want to.

(f) *Choose the correct alternative from the word(s) given in brackets to complete each of the following sentences*

(5mks)

(i) This is one of those stories that(seem, seems) to have no ending.

(ii) He is the longest serving of all Kenya's

.....

(attorney generals, attorneys general).

(iii) A range of issues(was, were) discussed.

(iv) The chaos(has, have) been quelled by the police.

(v) They have remained hopeful inspite of many

.....(crisis, crises) they have faced.

(g) *Fill in the blanks in the following sentences with appropriate articles* (5mks)

(i) Braille is system of reading and writing by touch forblind.

(ii) What joinsAtlantic and Pacific oceans?

(iii) The king wantedheir to his thorne.

(iv) Cheptoo isonly child in the family.