

Name \_\_\_\_\_ Index No. \_\_\_\_\_

Candidate's signature \_\_\_\_\_

Date \_\_\_\_\_

**101/2**

**ENGLISH**

**PAPER 2**

**Comprehension, Literary Appreciation and Grammar**

**JULY/AUGUST 2014**

**2 ½ HOURS**

**KIBWEZI DISTRICT FORM FOUR INTER-SCHOOL EXAMINATIONS**

**Kenya Certificate of Secondary Education**

**ENGLISH**

**PAPER 2**

**2 ½ HOURS**

**FOR OFFICIAL USE ONLY**

<b>QUESTION</b>	<b>MAX. SCORE</b>	<b>CANDIDATES SCORE</b>
1	20	
2	25	
3	20	
4	15	
Total	80	

1. **Read the passage below and answer the questions that follow. (20 marks)**

### **A Healthy Day**

Maintaining a healthy body is the secret to long life. I have taken this seriously through reading various health magazines and medical journal articles. I shall confess, this information I have gathered has been in some cases confusing and contradictory. Some I have discarded and through my own judgment and God given intuition, I came up with a plan for my day.

Professor John Blundell of Leeds University says that taking four cups of coffee at breakfast **inhibits** absorption of nutrients. He also argues that taking breakfast high in carbohydrates and low in fat makes one likely to binge on high calories foods later in the day. Taking a glass of fresh juice and milk makes me feel refreshed and ready for work. Then I drive through the heavy Nairobi traffic to my place of work. It is now eight o'clock. I do much of the work that demands extra mental effort. This is in accordance with research finding of Michael Hastings of Cambridge University who deals with body's physical rhythms. He says that human brain **hits a peak** before noon.

I have also borrowed a leaf from Chiroprator Mark Blokland and taken care of my posture at any workstation. He says that most back, neck and shoulder problems are caused by bad posture at desks. I avoid slouching, I adjust my seat to my comfort and make sure the computer mouse is within easy reach. At ten o'clock I take a break from my computer for five to ten minutes. I take a cup of tea. Tea has been found to be good for your heart. This reduces the eye strain caused by looking at the computer screen for long. Guidance suggests five to ten minutes break every hour.

It's lunch time and I decide to take a brisk walk to the restaurant at the far end of the street. Studies at Indian University and Washington University show that a twenty minutes or longer brisk walk energizes your brain making it ready to tackle the afternoon tasks. At the restaurant I order for a light lunch: Grilled fish and some salads. I also take a glass of juice. Research has shown that eating fish helps to strengthen your heart and helps to lower the bad cholesterol. Fish has omega -33 fatty acids that help to maintain a healthy heart. I finish my meal by taking two glasses of water. At two o'clock I walk back to the office ready for the afternoon work. The brain power has now a second surge

It is five o'clock and according to Prof Hastings, muscle temperature reaches its peak in the late afternoon. I hop into my car and head for the gym to do my workouts. I exercise three times a week for one hour. This is said to help in maintaining a healthy long life. It also helps to keep my weight down. I also take two glasses of water during my workouts. This helps to replace the lost body fluid through sweat. After my workouts, I have a shower and head for home. I relax on my sofa with a low calorie drink. For the evening meal at 7.pm, I prepare a balanced diet with very little fat. A light supper is the best at this time as overloading the digestive system can cause discomfort at night. I take a balanced diet low in fat and carbohydrates with plenty of fruit and vegetables. The day is coming to an end and cortisol, the stress hormone is getting lower. It is time to relax. As the night draws in, the metabolism and blood pressure drop. There is constant flow of sleep-inducing hormone called metabolism amid and my heart-rate gradually drops.

At 10p.m I have a warm bath. Soon after at around 10.30 I am in bed well tucked in, having sprinkled some drops of **lavender** oil on my pillow to help me **drop off** as if I need them. At 3.00 o'clock in the

morning, I am in deep sleep as my blood pressure, levels of stress hormones and alertness have plummeted to their lowest.

**Questions**

1. Suggest another title for the passage. (1mk)

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2. What type of work does the writer do? Give reasons for your answer (2mks)

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3. What are the writer's hobbies? (3mks)

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4. Supporting your answer with illustrations from the passage, identify the social status of the writer (2mks)

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5. What does professor Blunde advice one to do in order to have a refreshed day? (2mks)

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6. Make notes on the way the writer spends her day. (6mks)

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7. Each of the following words has two meanings. Use them in two separate sentences to express the two meanings

(i) Mouse

(a) \_\_\_\_\_

(b) \_\_\_\_\_

(ii) Strain

(a) \_\_\_\_\_

(b) \_\_\_\_\_

(iii) Drink

(a) \_\_\_\_\_

(b) \_\_\_\_\_

(iv) Drop

(a) \_\_\_\_\_

(b) \_\_\_\_\_

2. **Read the following extract and answer the questions that follow**

Odero looked confused for a moment, having expected a spirited fight to reduce the number to at least twenty head. However, he was not a great Chief for nothing. He rose beautifully to the occasion. After all style had to be met with style, Nyadhi with Nyadhi

“Ayie, I have accepted your suit. May the young girl be called so that people of Sakwa may see what a jewel we are giving them.” “Giving us!” thought Otieno in annoyance. ‘at this rate there will be no cattle left for me pay bride price with.’

In a little while Akoko walked in, in the company of her mother. Traditionally the girl at this point should have been the picture of demure shyness, her eyes fixed firmly on the floor, her hands held together in front of her mouth. Not Akoko. She walked in, steps measured, head held high, hands at her sides. Her head swiveled around a bit and then her gaze rested on Owuor. Let him see what he was getting.

‘What a brazen lass, ‘thought Otieno. ‘Thirty head indeed!’ Owuor experienced an indescribable sensation. What happened, of course was that he had fallen deeply and irrevocably in love. Since that

was not considered particularly important for a successful marriage, he did not understand or appreciate what was happening to him and that it would change his entire life and outlook.

She turned and left the room. Her mother remained for the rest of the ceremony. "People of Sakwa," continued Aloo, "We are pleased that we have reached an understanding. We hope that a friendship will spring up between us now and into posterity. Let us pour more libation to Were and drink more kong'o to gladden our hearts. Mother of Akoko, please bring us some food." The feasting went on into the late afternoon until about the tenth hour. Then the suitors had to leave, for chick did not allow them to spend the night.

**Questions**

(a) Place this excerpt in its immediate context. (4mks)

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(b) What were chief Odera's expectations after fixing the bride price at thirty head? (2mks)

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(c) Why is Otieno disappointed (2mks)

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(d) Explain what Otieno does later in the novel as a sign of dislike for Akoko. (4mks)

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(e) Explain the meaning of the following words as used in passage

(i) Demure

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(ii) Brazen lass

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(f) Change the following into a question

(1mk)

“What a braze lass”

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(g) Describe any two aspects of tradition evident in the excerpt.

(2mks)

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(h) Describe Otieno’s character as depicted in the extract.

(4mks)

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(i) Examine two aspects of style and their effects.

(4mks)

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3. **Read the following oral poem and answer questions that follow.**

Oh, Mother  
Behold the daughter of Lekamoi  
Who has just grown up  
Young woman, when will she return?  
When does my love come back?  
Daughter of the bull?  
Woman, come, let me see you,  
Listen;  
Daughter of Lekamoi  
Leader of the girls,  
When does my own arrive?  
Ah, Abul, chief of women.  
Her neck resembles a snake  
Coming out of a vase.  
Behold daughter of Lekamoi

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Her teeth are like ash  
Oh, when does my love come back?  
Daughter of the bull  
Abul, come and dance before me  
Listen  
Daughter of Lekamoi  
Who has just shot up.  
All men want her  
Ah, Abul, chief of women  
My girl appear on the path from  
Anaka  
Behold the daughter of Lekamoi  
Tall and graceful  
With whose daughter can you  
Compare her?  
My companion, when will  
She return?  
Daughter of the bull,  
Woman come, I will take  
You from your husband, Listen  
Daughter of Lekamoi,  
Leader of the girls,  
Yes, all the men want her  
Abul, chief of women

**Questions**

(a) What type of song is this? Give reasons for your answer.

(2mks)

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(b) Who is the singer and to whom is the song? (2mks)

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(c) What is the attitude of the singer towards his subject (4mks)

(d) Where is Abul (1mk)

(e) What makes this song an oral song? Support your answer. (4mks)

(f) Identify and illustrate four poetic styles used in this song. (4mks)

(g) Discuss the mood of this song (3mks)

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4. **GRAMMAR** (15 MARKS)

(a) *Fill the blanks with the correct form of the most appropriate verb.* (3mks)

- (i) Children at times \_\_\_\_\_ their parents. (nag/nags)  
(ii) The land \_\_\_\_\_ to the west. (slope/slopes)  
(iii) All liquids \_\_\_\_\_ from higher to lower levels. (flow/flows)

(b) *Supply a suitable preposition in the sentences below.* (3mks)

- (i) The ailing man has been in bed \_\_\_\_\_ the whole week.  
(ii) It has been the same old story ever \_\_\_\_\_ he was a small boy.  
(iii) The swallows gather and leave Europe \_\_\_\_\_ autumn.

(c) *Punctuate the following sentences.* (2mks)

- (i) After reporting the students went to class  
(ii) There is a teacher I will never forget Mr. Jeff

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(d) *Rewrite each of the following sentences according to the instructions given. Do not change the meaning of the sentences.* (2mks)

- (i) I have never heard a more ridiculous story. (Rewrite beginning: That is ...)

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- (ii) Chirchir has a daughter who is eighteen years old. (Rewrite beginning: Chirchir has ...)

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*(e) Use phrasal verbs formed from the words in brackets to fill the blank spaces.*

(i) I am sorry you were not satisfied by our services. I will \_\_\_\_\_ your complaint at once. (look)

(ii) The last thing I would like to do is \_\_\_\_\_ with my parents. (fall)

**ANSWERS:**

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