

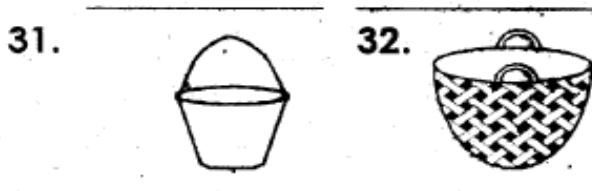
GRADE TWO

HYGIENE AND NUTRITION ACTIVITIES

NAME:	
SCHOOL:	

1. We use a _____ to brush our teeth.
(towel, toothbrush, toothpick)
2. Dirty utensils smell _____.
(good, bad, sweet)
3. We bathe in the _____.
(table room, kitchen, bathroom)
4. Sharing personal items makes us _____. (healthy, sick, good)
5. Food is served and eaten in the _____.
(dinning room, kitchen, bedroom)
6. We find cockroaches in _____ houses. (clean, dirty, smart)
7. Dirty hair keeps _____.
(jiggers, lice, ticks)
8. Eating breakfast makes our bodies _____.
(sick, healthy, weak)
9. We should wash our hands _____ eating. (after, before, during)
10. We use a chewed stick and _____ when we do not have a tooth brush and tooth paste.
(sugar, salt, honey)
11. A ripe mango tastes _____.
(sour, sweet, bitter)
12. We should not talk with _____ in the mouth. (friend, food, brush)
13. Drinking dirty water makes us _____.
(healthy, sick, good)
14. We should wash our hands after visiting the _____.
(kitchen, toilet, church)
Name three uses of water.
15. _____
16. _____
17. _____
18. Diseases are caused by _____.
(food, germs, water)
19. The food we eat in-between the main meals is called _____.
(chips, salad, snacks)
20. Dirty nails keep _____.
(lice, jiggers, fly)
Name three fruits we eat.
21. _____
22. _____
23. _____
24. Kitchen is a place where we prepare our _____.
(teeth, food, body)
25. After bathing we dry ourselves with a _____.
(handkerchief, towel, soap)

26. When we fall sick we go to _____.
(church, hospital, home)
27. _____ is my favourite food.
28. Always play _____ games.
(safe, rough, dangerous)
- Name the pictures.



33. We should not share _____.
(food, towel, shoes)
34. We store food in a _____ and
clean place.
(warm, cool, hot)

Name two foods we cook
before eating.

35. _____
36. _____
37. A fish gives us _____.
(eggs, milk, meat)
38. A hen gives us eggs and _____.
(milk, meat, honey)

Name two animals that are
sources of food.

39. _____
40. _____

41. We eat breakfast, lunch
and _____.
(part time, supper, food)
- Name two types of urinals.

42. _____
43. _____

Read and draw foods we eat.

44. Carrot
45. Sweetpotato
46. Fish
47. Cabbage

48. Plant leaves are _____ in colour.
(red, green, black)
49. A ripe tomato is _____ in colour.
(pink, red, yellow)
50. We taste with our _____.